JULY LUNCH

CESAR CHAVEZ HIGH SCHOOL

LNCS - Summer Lunch - Cold

Monday	Tuesday	Wednesday	Thursday	Friday
June 28, 2021	June 29, 2021	June 30, 2021	July 1, 2021	July 2, 2021
			TURKEY & CHEESE SANDWICH ^ Grape Juice Applesauce Mayo Choice of Milk	ENGLISH MUFFIN ^ Sunbutter Cup String Cheese Apple-Cranberry Juice Diced Pears Grape Jelly Choice of Milk
July 5, 2021	July 6, 2021	July 7, 2021	July 8, 2021	July 9, 2021
TURKEY HAM & CHEESE SANDWICH ^ Sun Splash Veggie Juice Mixed Fruit Mustard Choice of Milk	MAKE YOUR OWN PIZZA Pita Bread ^ Shredded Mozzarella Cheese Marinara Sauce Diced Peaches Choice of Milk	HERO SANDWICH ^ Tropical Veggie Juice Pineapple Tidbits Mustard Choice of Milk	TURKEY & CHEESE SANDWICH ^ Grape Juice Applesauce Mayo Choice of Milk	ENGLISH MUFFIN ^ Sunbutter Cup String Cheese Apple-Cranberry Juice Diced Pears Grape Jelly Choice of Milk
July 12, 2021	July 13, 2021	July 14, 2021	July 15, 2021	July 16, 2021
BEEF BOLOGNA & CHEESE SANDWICH^ Paradise Punch Veggie Juice Applesauce Cup Mustard Choice of Milk	VANILLA YOGURT String Cheese Tropical Veggie Juice Mixed Fruit Cup Blueberry Mini Muffin ^ Choice of Milk	CHICKEN & CHEESE SANDWICH ^ Orange Juice Diced Peaches Mayo Choice of Milk	BEAN & CHEESE NACHOS Shredded Cheddar Cheese Refried Beans Salsa Cup Diced Pears Tortilla Chips ^ Choice of Milk	TURKEY & CHEESE SANDWICH ^ Blended Fruit Juice Pineapple Tidbits Mayo Choice of Milk
July 19, 2021	July 20, 2021	July 21, 2021	July 22, 2021	July 23, 2021
TURKEY HAM & CHEESE SANDWICH ^ Sun Splash Veggie Juice Mixed Fruit Mustard Choice of Milk	MAKE YOUR OWN PIZZA Pita Bread ^ Shredded Mozzarella Cheese Marinara Sauce Diced Peaches Choice of Milk	HERO SANDWICH ^ Tropical Veggie Juice Pineapple Tidbits Mustard Choice of Milk	TURKEY & CHEESE SANDWICH ^ Grape Juice Applesauce Mayo Choice of Milk	ENGLISH MUFFIN ^ Sunbutter Cup String Cheese Apple-Cranberry Juice Diced Pears Grape Jelly Choice of Milk
July 26, 2021	July 27, 2021	July 28, 2021	July 29, 2021	July 30, 2021
TURKEY HAM & CHEESE SANDWICH ^ Sun Splash Veggie Juice Mixed Fruit Mustard Choice of Milk	MAKE YOUR OWN PIZZA Pita Bread ^ Shredded Mozzarella Cheese Marinara Sauce Diced Peaches Choice of Milk	HERO SANDWICH ^ Tropical Veggie Juice Pineapple Tidbits Mustard Choice of Milk	TURKEY & CHEESE SANDWICH ^ Grape Juice Applesauce Mayo Choice of Milk	ENGLISH MUFFIN ^ Sunbutter Cup String Cheese Apple-Cranberry Juice Diced Pears Grape Jelly Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menus online at: preferredmealsmenu.com

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nscr.usda.gov/complaint filing cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish).
USDA is an equal opportunity provider and employer.