



High School • La Preparatoria

**Ms. Linette Garza**  
Dean of Students

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[chavezwaterman.com](http://chavezwaterman.com)

## Student Communications: Day 1

Good Afternoon Class of 2020!

Wanted to touch base with all of you in regards to school being closed for the next 3 weeks.

This sudden change in events has caused us all to have a lot of questions and/or concerns; we will do our best to help gather answers for you and to just listen to you. In life we can easily forget that few things are in our control but every day we choose our attitude, our reactions, our actions, our thoughts and beliefs, our effort and our focus.

Mr. Parker and I will continue to communicate with you via email so please make sure that you read your emails regularly.

I have received a few emails regarding Credit Recovery, senior dues, graduation, etc... and wanted to answer a couple of those questions to the entire class.

1. Credit Recovery will be postponed for now in regards to any testing; you may continue to work on assignments and email with questions or concerns as you complete your assigned course.
2. The deadline for senior dues will be moved to the week we are set to return, which right now looks like April 13th. We will make the deadline for the Friday of the first week that we return back to school. **Now our return date has not been set so YOU need to look at your emails regularly. This date can change at anytime.**
3. As of right now the only event that has been cancelled is the March 27th field trip to Rev'd Up. Student's that have already paid for this field trip will receive a refund once we return to school.
4. Graduation is **still** set for June 1st.

As Mr. Parker mentioned in his email this morning please take care of yourselves and your loved ones.

Please remember that Mr. Parker, myself, and all of the CCA are here if you need anything we are only an email away.

Hugs to all,

--

Linette Garza  
César Chávez Academy High School  
Dean of Students

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## Student Communications: Day 2

Good Morning Class of 2020,

I hope that this day finds you and your loved ones as well as can be expected. My goal is to send a brief message every morning till we all return back to school; ironic to say that since we are always counting down to days off or dress down days. Lol.

The only new information that I have at this time is that we are offering free sacked breakfast and lunches at all of the CCA schools from 8 to 1. No one is allowed in the buildings except for certain staff members.

Teachers are slowly gathering all of the materials they need to continue with their curriculum as best as possible during this historical time. Remember this will be more of enrichment based learning versus introduction of new material.

Look at this as an opportunity to take adventures while reading an amazing new story/novel/poem, to learn about subjects that bring joy to your heart, to write your stories, create video/artwork, etc... If I have learned nothing else from all of you is that you are resilient, creative, compassionate and persistent, so embrace this time to create and live your truth.

The English teacher in me can not help but send you a writing prompt to get you thinking and maybe even chuckle about a memory:

"It was the very worst thing that I have ever done, and yet I couldn't help but laugh."

If you choose to write and want someone to read it please respond to me only and I will gladly read your creations. :)

We are still available for each of you, so do not hesitate to email anyone of us to ask questions, vent, or just to chat.

Take care of yourselves and your loved ones!

--

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## Student Communications: Day 3

Good Morning,

Just a friendly reminder that we are holding a virtual Q&A today for each grade level in attempts to answer some of your questions.

Take care of yourself, stay safe and "talk" to you all soon. :)

--

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## Student Communications: Day 4

Good Morning!

I hope that everyone had a restful night.

Thank you to those students that were able to join our chat yesterday, especially for your patience with our tech issues. I have attached a document with steps to attend our next "Meeting", date to be determined.

I have updates regarding the third quarter; we will be closing the quarter as of March 12th.

What does that mean?

That means that you will have this upcoming week to make up any missed assignments from this current quarter, no new assignments will be given. Your teacher may assign extra credit to raise your current grade. You are responsible for any work prior to March 12th.

Beginning Monday, March 23rd, all of your teachers will have made available these assignments on Google Classroom. If you do not have a code or are unable to enter Google Classroom please let me know so that we can set everything up for you on our end.

Do not forget that we have support for you from Mrs. Shaw, Mrs. Lopez, and Mrs. Saurez-Sanders; this is in addition to your Grade level mentors, teachers, myself and all of the amazing adults that you come into contact with every day at school.

Mrs. Shaw and Mrs. Lopez are available Monday through Friday from 9 to 2 for one-on-one private discussions via email and/or hangouts. Please reach out to them if you are feeling overwhelmed, anxious, depressed or just want someone to chat with regarding everything.

Mrs. Lopez provided a couple of sites that offer support online and a few apps that you can download to practice some Mindfulness and meditation while at home. It is vital to take care of ourselves (Physically, emotionally, spiritually and mentally) at this time.

7Cups <https://www.7cups.com>

- 24/7 Free Chat
- Individual and Groups

Crisis Text Line <https://www.crisistextline.org/texting-in>

- Free Text Support
- Individual

<https://www.puregym.com/blog/top-free-mindfulness-apps/>

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If you or someone you know does not have internet please note that Comcast has offered free internet for the next two months, <https://www.wxyz.com/news/national/coronavirus/comcast-offering-internet-essentials-package-free-for-60-months-during-coronavirus-outbreak>

Please go to this site and follow the prompts <https://www.internetessentials.com/> to order internet.

As always take of yourselves and reach out if you need anything!

Until tomorrow,

--

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## Student Communications: Day 5

Good Morning,

I hope that this morning's email finds you and your loved ones well.

We are trying to set up a plan for technology needs, which includes calculators. Until we are able to come up with a logical plan I have located an article with a few paid and free apps that you may download onto your phone, please do not pay for any apps - try to use the free ones.

<https://www.tomsguide.com/round-up/best-calculator-apps>

Please make sure to let us know if any of your fellow classmates are not receiving our emails or do not have access to our communications due to technology or internet issues. Also, if you are having issues with Google Classroom let your teacher or one of us know.

Now take a few minutes to enjoy a story read to you by Josh Gad (Olaf) and recall the good ole' days in your elementary classroom. :)

<https://twitter.com/i/broadcasts/1vOxwoPrnYgxB>

Take another moment to solve a logic puzzle:

### BULBS

This is one of my favorite **logic puzzles** with a real life solution.

There are three switches downstairs. Each corresponds to one of the three light bulbs in the attic. You can turn the switches on and off and leave them in any position.

How would you identify which switch corresponds to which light bulb, if you are only allowed one trip upstairs?

Take another minute to enjoy the Sandiego penguins :)

<https://zoo.sandiegozoo.org/cams/penguin-cam>

Have a wonderful Friday and do not hesitate to reach out to any of us with any questions and/or concerns.

Take care,

--

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## Student Communications: Day 8

Good Morning,

We have survived week 1 of our social distancing!

This week has taught me that I am much more tech savvy than I ever thought imaginable, I have learned to appreciate the gifts of nature, and most importantly the value of family and friends. The random text from someone checking in on you and your loved ones; just that small action makes an indelible imprint on our souls. What have you learned about yourself after this first week of quarantine?

Technology is available to those students that are in need of a device. Freshmen and Sophomores are to pick up laptops at the school from 8 a.m. to 10 a.m. on Tuesday, March 24th; Juniors and Seniors are to pick up laptops from 10 a.m. to 1 p.m. on Tuesday, March 24th as well. Please note that you will not be allowed to enter the building at all only drive up to the triple doors and someone will come to the care and ask what is needed.

Take care and stay safe,

--

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## Student Communications: Day 9

Hello all,

So I thought that I would change it up a bit today and email you in the afternoon versus the morning emails that have been sent this past week. Doubt I will continue on this late afternoon/early evening email track because it confused me today. Lol, I am a creature of habit.

I want to take a moment to wish happy belated birthdays to those of you that have had a birthday after the 12th of this month. I know it has been difficult but this will be a memorable birthday and just imagine how amazing next year's will be even if all you get is a Happy Meal and Hostess cupcake :).

Make sure to take a few minutes to step outside and enjoy the fresh air, of course maintaining social distance at all times. Take some time to journal and practice some mindfulness. Remember that you can reach out to Mrs. Shaw at [cassandra.shaw@leonagroup.com](mailto:cassandra.shaw@leonagroup.com) and Mrs. Lopez at [sandra.lopez@leonagroup.com](mailto:sandra.lopez@leonagroup.com) for any additional support and some guidance on resources that available to you during this time.

All of us at CCAHS miss our daily interactions with each one of you; we hope that you know that and realize that we are in this together. We are all only an email away!

Friendly reminder that we will be having our grade level virtual Q&A tomorrow, Agustin sent you the invite so please come with questions or a willingness to chat.

Stay safe and take care of yourself and your loved ones!

Until tomorrow,

--

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